

O'Malley Dining Facility

* Menu Subject to change.

14 November 20					
B R E A K F A S T	Turkey Bacon (Green)	L U N C H	Santa Fe Glazed Chicken (Green)	D I N N E R	Orzo w/ Spinach, Tomato, and Onion (Yellow, High)
	Scrambled Eggs (Yellow, Low)		Zesty Pork Chops (Yellow)		Roast Beef (Green, High)
	Steamed Rice (Yellow, Low)		Crispy Potato Wedges (Green, High)		Glazed Sweet Potatoes (Yellow, Low)
	French Toast Sticks (Yellow, Moderate)		Collard Greens (Green, Low)		Broccoli Combo (Green, Low)
	SUPPLEMENTS		Dinner Roll (Yellow, Low)		Dinner Roll (Yellow, Low)
	Bottled Water		SUPPLEMENTS		SUPPLEMENTS
	Juice		Bottled Water		Bottled Water
Yogurt	Beverage	Beverage			
Fruit	Fruit	Fruit			
	Cookie		Cookie		

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15 November 20					
B R E A K F A S T	Turkey Bacon (Green)	L U N C H	Bourbon Chicken (Yellow, Low)	D I N E R	Jerk Roast Turkey (Green, Low)
	Biscuits (Yellow, Moderate)		Swiss Steak w/Brown Gravy (Red)		Grilled Pork Chops (Yellow, Low)
	Boiled Eggs (Yellow, Low)		Jefferson Noodles (Yellow, Moderate)		Rissole Potatoes (Red, Low)
	French Toast Sticks (Yellow, Moderate)		Peas (Green, Low)		Corn Combo (Green, Low)
	SUPPLEMENTS		Dinner Roll (Yellow, Low)		Dinner Roll (Yellow, Low)
	Bottled Water		SUPPLEMENTS		SUPPLEMENTS
	Juice		Bottled Water		Bottled Water
	Yogurt		Beverage		Beverage
Fruit	Fruit	Fruit			
	Cookie	Cookie			

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16 November 20					
B R E A K F A S T	Bacon (Red, Moderate)	L U N C H	Pasta Toscano (Yellow, High)	D I N N E R	Marinated Tomatoes With Penne And Basil (Green, High)
	Biscuits (Yellow, Moderate)		Braised Spareribs (Yellow, Moderate)		Cajun Chicken (Green, Moderate)
	Scrambled Eggs (Yellow, Low)		Broccoli Parmesan (Green, Moderate)		Long Grain & Wild Rice (Green, High)
	Breakfast Burritos (Yellow)		Buttered Egg Noodles (Yellow, Moderate)		French Green Beans (Green, Low)
	SUPPLEMENTS		Dinner Roll (Yellow, Low)		Dinner Roll (Yellow, Low)
	Bottled Water		SUPPLEMENTS		SUPPLEMENTS
	Juice		Bottled Water		Bottled Water
Yogurt	Beverage	Beverage			
Fruit	Fruit	Fruit			
	Cookie	Cookie			

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17 November 20					
B R E A K F A S T	Sausage Links (Red, Moderate)	L U N C H	Crispy Oven-Baked Chicken (Yellow, Low)	D I N N E R	Braised Beef & Noodles (Yellow, Moderate)
	Boiled Eggs (Yellow, Low)		Beef Bulgogi (Green, High)		Baked Potato (Green, Low)
	Steamed Brown Rice (Green, Low)		Lyonnais Potatoes (Green, Low)		Peas (Green, Low)
	Breakfast Burritos (Yellow)		Roasted Brussel Sprouts (Green, Moderate)		Chicken Teriyaki (Yellow, High)
	SUPPLEMENTS		Dinner Roll (Yellow, Low)		Dinner Roll (Yellow, Low)
	Bottled Water		SUPPLEMENTS		SUPPLEMENTS
	Juice		Bottled Water		Bottled Water
Yogurt	Beverage	Beverage			
Fruit	Fruit	Fruit			
	Cookie	Cookie			

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18 November 20					
B R E A K F A S T	Turkey Bacon (Green)	L U N C H	Herbed Baked Chicken (Green, Low)	D I N N E R	Ground Turkey Lasagna (Yellow, High)
	Biscuits (Yellow, Moderate)		Pineapple BBQ Meatballs (Yellow, Low)		Yankee Pot Roast (Red)
	Boiled Eggs (Yellow, Low)		Buttered Egg Noodles (Yellow, Moderate)		Baked Sweet Potato (Green, Low)
	Breakfast Burritos (Yellow)		French Style Peas (Green)		Corn (Green, Moderate)
	SUPPLEMENTS		Dinner Roll (Yellow, Low)		Dinner Roll (Yellow, Low)
	Bottled Water		SUPPLEMENTS		SUPPLEMENTS
	Juice		Bottled Water		Bottled Water
	Yogurt		Beverage		Beverage
	Fruit		Fruit		Fruit
			Cookie		Cookie

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19 November 20					
B R E A K F A S T	Bacon (Red, Moderate)	L U N C H	Greek Lemon Turkey Pasta (Green, Moderate)	D I N N E R	Honey Ginger Chicken (Green, Low)
	Biscuits (Yellow, Moderate)		Turkish Sultan Adana Kebab (Yellow, Low)		Cantonese Spareribs (Red)
	Boiled Eggs (Yellow, Low)		Cauliflower (Green, Moderate)		Spicy Brown Pilaf Rice (Green, High)
	Breakfast Burritos (Yellow)		Steamed Brown Rice (Green, Low)		Creamed Corn (Green, Moderate)
	SUPPLEMENTS		Dinner Roll (Yellow, Low)		Dinner Roll (Yellow, Low)
	Bottled Water		SUPPLEMENTS		SUPPLEMENTS
	Juice		Bottled Water		Bottled Water
Yogurt	Beverage	Beverage			
Fruit	Fruit	Fruit			
	Cookie	Cookie			

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20 November 20					
B R E A K F A S T	Sausage Links (Red, Moderate)	L U N C H	Chicken Breast Parmesan (Red)	D I N N E R	Chili Mac (Green, Moderate)
	Hashed Brown Patty (Red, Low)		Marinated Tomatoes With Penne And Basil (Green, High)		Baked Chicken (Green, High)
	Breakfast Burritos (Yellow)		Franconia Potatoes (Green, Low)		Crispy Potato Wedges (Green, High)
	Boiled Eggs (Yellow, Low)		Vegetable Medley (Green, Moderate)		Black Eyed Peas (Green, Moderate)
	SUPPLEMENTS		Dinner Roll (Yellow, Low)		Dinner Roll (Yellow, Low)
	Bottled Water		SUPPLEMENTS		SUPPLEMENTS
Juice	Bottled Water	Bottled Water			
Yogurt	Beverage	Beverage			
Fruit	Fruit	Fruit			
	Cookie	Cookie			