

O'MALLEY DINING FACILITY MENU JULY 2026

Monday – Friday:

Midnight Meal 2300 - 2400

Breakfast 0500 - 0830

Lunch 1100 - 1330

Dinner 1700 - 1930

Weekends & Holidays:

Midnight Meal 2300 - 2400

Brunch 0700 - 1300

Dinner 1700 - 1930



July 2026

O'Malley Dining Facility

****Menu is subject to change Due to Vendor availability****

Wednesday 1	Thursday 2	Friday 3	Saturday 4	Sunday 5	Monday 6	Tuesday 7
<u>LUNCH</u> -BBQ Chicken (\$1.95) -Porkchop (\$2.45) -Southern Fried Catfish(\$3.35) -Baked Mac and Cheese (\$0.65) -Corn on the Cobb (\$0.60) -Braised Cabbage (\$0.45) -Fried Cauliflower (\$0.85) -Southern Style Sweet Potatoes (\$0.45) <u>DINNER</u> -Chesapeake Bay Shrimp (\$3.75) -Chicken Kabob (\$3.35) -Pasta Primavera (\$1.70) -Glazed Sweet Potatoes (\$0.45) -Quinoa Garden Pilaf (1.25) -Garlic Sautéed Spinach (\$1.35) -Peas/Onions (\$0.60) -French Style Green Beans (\$0.60)	<u>Lunch</u> MEXICAN MEAL Mexican Baked Chicken(\$1.85) -Baja Fish Taco(\$6.50) -Pork Carnita(\$1.40) Oven Brown Potatoes(\$0.25) -Spanish Style Beans(\$0.60) -Hacienda Corn & Black Beans(\$0.90) -Hacienda Green Beans(\$0.90) <u>DINNER</u> -Herbed Chicken (\$2.50) -Lemon Baked Fish (\$5.50) -Beef Stew (\$2.50) -Mashed Potatoes (\$0.30) -Rice Pilaf (\$0.25) -Sesame Green Beans (\$0.80) Cauliflower (\$0.90) -Japanese Stir fry Veggies (0.90)	<u>LUNCH</u> -Jamaican Chicken (\$2.70) -Basil Baked Fish (\$3.10) -Pasta Primavera (\$1.70) -Parsley Butter Potatoes (\$0.25) -Brown Rice (\$0.25) -Spinach (\$0.25) -Herbed Green Beans (\$1.05) -Carrots (\$0.65) <u>DINNER</u> -Roast Beef (\$2.00) -Pasta Toscano (\$2.10) -Chicken Cacciatore (\$2.35) -Cottage Fried Potato (\$0.25) -Curried Cauliflower (0.90) -Steamed Rice (\$0.25) -Peas and Carrots (\$0.40) -Broccoli (\$1.00)	<u>BRUNCH</u> -Spaghetti w/ Marinara Sauce (1.80) -BBQ Chicken (\$1.95) -Meatloaf (1.85) -Baked Mac and Cheese (\$0.65) -Mashed Potatoes (\$0.30) -Black-eyed Peas (\$0.40) -Cabbage (0.40) -Succotash (0.55) -Cauliflower Combo (0.75) <u>DINNER</u> -Beef Fajitas (\$2.20) -Southwestern Fish (\$1.90) -Baked Mexican Chicken (\$1.85) -Refried Beans (\$0.25) -Mexican Rice (\$0.20) -Mexican Corn (\$0.40) -Green Beans (\$1.05) -Brussel Sprouts (\$0.80)	<u>BRUNCH</u> -Southwestern Sweet Potato Black Beans and Corn (\$1.15) -Mediterranean Salmon (\$5.45) -Citrus Herb Chicken (\$2.70) -Roasted Pepper Potato (0.25) -Brown Rice (\$0.20) -Herbed Green Beans (\$1.05) -Peas (\$0.45) -Sauté Peppers& Onions (0.20) -Roasted Cauliflower (\$0.65) <u>DINNER</u> -Grilled Steak (\$7.25) -Honey Sriracha Chicken (\$2.80) -Baked Salmon (\$5.45) -Rice Pilaf (\$0.25) Boston Baked Beans (\$0.80) -Spinach (\$0.25) -Scalloped Corn (\$0.25) -Fried Okra (\$0.35)	<u>LUNCH</u> -Oven Fried Chicken (\$2.85) -Southern Fried Catfish(\$3.35) -Country Fried Steak (3.50) -Boston Baked Beans (\$0.80) -Brown Rice (\$0.20) -Okra Mèlange (0.45) -Peas and Carrots (\$0.40) -Corn on the Cobb (\$0.60) <u>DINNER</u> <u>-Cheese Tortellini (1.25)</u> <u>-Chicken Bulgogi</u> <u>-Shrimp Kabob</u> -Steamed Rice (\$0.25) -Roasted Red Potatoes (\$0.25) -Cabbage (0.40) -Corn O'Brien (\$0.50) -Herbed Green Beans (\$1.05)	<u>LUNCH</u> -Creole Shrimp (\$3.25) -Pork Chop (\$2.45) -Creole Spice Chicken (2.89) -Wild Rice (0.45) -Mashed Potatoes (\$0.30) -Spinach (\$0.25) -Mixed Vegetables (\$0.60) -Peas (\$0.45) <u>DINNER</u> -Chicken Florentine (\$2.50) -Parmesan Fish (\$2.70) -Italian Broccoli Pasta (\$1.85) -Oven Brownd Potato (\$0.25) -Italian Style Baked Beans (\$0.45) -Cauliflower Au Gratin (\$0.80) -Carrots on the Griddle (\$0.35) -Broccoli (\$1.00)

July 2026
O'Malley Dining Facility

****Menu is subject to change Due to Vendor availability****

Wednesday 8	Thursday 9	Friday 10	Saturday 11	Sunday 12	Monday 13	Tuesday 14
LUNCH -Beef Stir Fry (\$2.00) -Southern Fried Chicken(\$3.35) -Lasagna (\$1.65) Steamed Rice (\$0.25) -Baked Sweet Potatoes(\$0.65) -French Style Green Beans (\$0.60) -Brussel Sprouts (\$0.80) DINNER -German Schnitzel (4.25) -BBQ Beef Cubes (1.40) -Sweet Spicy Salmon (4.25) -Red Beans and Rice (\$0.55) -Collard Greens (.55) -Broccoli (0.60) - Stew Tomatoes (0.20) --Jeferson Noodles (\$0.40)	Lunch SOUTHERN MEAL  -BBQ Chicken (\$1.95) -BBQ Spareibs (\$3.45) -Southern Fried Catfish(\$3.35) -Baked Mac and Cheese (\$0.65) -Mashed Potatoes (\$0.35) - Southern Style Collard Greens (\$0.60) -Black Eyed Peas (\$0.40) -Southern Style Sweet Potatoes (\$0.45) DINNER -Chicken Cacciatore (\$2.35) -Cheese Tortellini (\$1.25) -Roast Beef (\$2.00) Mashed Potatoes (\$0.30) -Dirty Rice (\$0.30) -Black-eyed Peas (\$0.40) -Carrots on the Griddle(\$0.35) -Mixed Vegetables (\$0.60)	LUNCH -French Fried Shrimp (4.65) -Beef Ball Stroganoff (3.50) -Tuscan Chicken (2.35) -Jalapeno Rice (0.25) -Roasted Garlic and Soy Potatoes (\$0.35) -French Style Green Beans (\$0.60) -Peas and Mushrooms (\$0.35) -Roasted Cauliflower (\$0.65) DINNER -Chicken Ala King (\$1.90) - Baked Fish (\$2.50) -Pasta Primavera (\$1.70) -O'Brien Potatoes (\$0.30) -Quinoa Garden Pilaf (\$0.60) -Hacienda Corn & Black Beans(\$0.90) -Peas (\$0.45) -Stew Tomatoes (0.20)	BRUNCH -Baked Chicken (2.05) -Southwestern Sweet Potato Black Beans and Corn (\$1.15) -Baked Mac and Cheese (\$0.65) -Baked Sweet Potatoes(\$0.65) -Collard Greens (\$0.60) -Corn on the Cobb (\$0.60) -Fried Okra (0.35) DINNER -Baked Salmon (\$5.20) -Caribbean Beef Curry (1.70) -Honey Sriracha Chicken (2.80) -Black Eyed Peas (\$0.40) -Mashed Potatoes (\$0.35) -Carrots on Griddle (\$0.35) -Fried Cauliflower (\$0.85) -Spinach (\$0.25)	BRUNCH -Stuffed Green Peppers (\$1.90) -Baja Fish Taco(\$6.50) -Steamed Rice (\$0.25) -Baked Mexican Chicken (\$1.85) -Hacienda Potatoes \$1.90) -Corn Combo (\$0.55) -Summer Squash (0.60) -Sesame Green Beans (\$0.80) DINNER -Basil Baked Fish (\$3.10) -Turkey Breast Fillet (2.15) -Chicken Parmesan (\$2.70) -Mashed Potatoes (\$0.35) --Jeferson Noodles (\$0.40) -Cauliflower (\$0.90) -Parmesan Broccoli (\$0.55) Carrots (\$0.65)	LUNCH -Fish Onion- Lemon (5.50) -Simmered Beef (\$2.50) -Cajun Chicken (2.75) -Dirty Rice (\$0.30) -Garlic and Soy Potatoes (\$0.35) -Carrots on the Griddle (\$0.35) -Creole Green Beans (\$1.05) -Okra Mélange (0.45) DINNER Harvest Veg Ragout (1.75) -Meatloaf (1.85) -Pork Chop (\$2.45) -Red Beans and Rice (\$0.55) -Crispy Potato Wedges (\$0.65) -Corn On Cobb (0.60) -Cajun Veggies (0.95) -Pea's w/ Onion (\$0.50)	LUNCH Pineapple BBQ Meatballs (\$1.40) -Baked Salmon (\$5.45) -Honey Mustard Chicken (\$2.80) Rissolle Potatoes (0.35) Steamed Rice (\$0.25) Calico Corn (0.55) Mixed Vegetables(\$0.60) -Steamed Asparagus (1.15) DINNER Pork Carnita (4.50) -Lasagna (\$1.65) Baked Chicken (2.05) Italian Style Baked Beans (\$0.45) Lime Rice (0.70) Broccoli (0.60) Curried Cauliflower (0.90) Mexican Corn (\$0.40)

July 2026

O'Malley Dining Facility

****Menu is subject to change Due to Vendor availability****

Wednsday 15	Thursday 16	Friday 17	Saturday 18	Sunday 19	Monday 20	Tuesday 21
<u>LUNCH</u> -Baked Chicken (\$2.95) -Parm Fish (2.70) -Meatloaf (1.85) -Potato Wedges (0.65) -Broccoli Polonaise (0.56) -Roasted Brussel Sprouts (\$0.65) -Rosemary Carrots (0.25) -Orzo w/ Lemon & Herbs (0.20)	<u>LUNCH</u> German  <i>-Bratwurst (2.60)</i> <i>-Beef ball Stroganoff (3.50)</i> <i>Chicken Schnitzel(\$4.15)</i> <i>-Potato & Herbs (\$0.30)</i> <i>-Braised Cabbage (\$0.45)</i> <i>Buttered Noodles (\$0.35)</i> <i>Carrots (\$0.65)</i> <i>-Brussel Sprouts (\$0.80)</i>	<u>LUNCH</u> -Chicken Fajitas (\$2.20) Baked Fish (\$2.50) Pasta Primavera (\$1.70) O'Brien Potatoes (\$0.30) -Quinoa Garden Pilaf (\$0.60) Hacienda Corn & Black Beans(\$0.90) -Summer Squash (\$0.60) -Stew Tomatoes (0.20)	<u>BRUNCH</u> -Roast Beef (\$2.00) -Spaghetti w/ Marinara Sauce (1.80) -Mashed Potatoes (\$0.35) Rice Pilaf (\$0.25) -Parmesan Brussel Sprouts (\$1.15) -Cream Style Sweet Corn (\$0.50) -Stew Tomatoes (0.20)	<u>BRUNCH</u> -Baked Salmon (\$5.20) -Chili Mac (\$1.25) -Brown Rice (\$0.20) -Cottage Fried Potato (\$0.25) -Peas and Carrots (\$0.40) -French Style Green Beans (\$0.60) -Corn (\$0.45)	<u>LUNCH</u> -Shrimp Kabob (\$3.20) -Beef Yakisoba (3.25) -Baked Chicken(\$1.85) -Steam Rice (\$0.25) -Brussel Sprouts (\$0.80) Corn (0.65) French Style Green Beans (\$0.60) Lyonnaise potatoes (0.20)	<u>LUNCH</u> -Teriyaki Chicken (\$2.95) -Basil Baked Fish (\$3.10) -BBQ Beef Cubes (\$2.75) -Steamed Rice (\$0.25) -Grilled Asparagus (\$1.15) -Black Eyed Peas (\$0.40) -Broccoli (\$1.00) Potato Wedges (\$0.65)
<u>DINNER</u> -Teriyaki Chicken (\$2.95) Cheese Tortellini w/ Marinara (\$1.25) -Stuffed Green Peppers (\$1.90) -Steamed Rice (\$0.25) -Baked Sweet Potatoes(\$0.65) -Grilled Asparagus (\$1.15) -Peas (\$0.45) -Cauliflower (\$0.90)	<u>DINNER</u> -Beef Bulgogi(\$1.75) -Baked Chicken (\$2.95) -Shrimp Linguine (\$4.20) -Baked Mac and Cheese (\$0.65) -Simmered Pinto Beans(0.60) Fried Okra (0.35) -Brown Rice (\$0.20) -French Style Green Beans (\$0.60) -Mashed Potatoes (\$0.35)	<u>DINNER</u> -Chicken& Broccoli Stir Fry (2.80) -Creole Fish Fillets (2.15) -Teriyaki Steak (\$7.25) -Steamed Rice (\$0.25) -Roasted Pepper Potato (0.25) -Peas (\$0.45) -Broc Combo (0.75) -Roasted Cauliflower (0.65) -French Style Green Beans (\$0.60)	<u>DINNER</u> -Beef Stew(2.50) -Pasta Primavera (\$1.70) -Shrimp Scampi (\$4.75) -Wild Rice (0.45) -Oven Brownd Potato (\$0.25) -Carrots (\$0.65) -Peas (\$0.45) -Grilled Asparagus (\$1.15)	<u>DINNER</u> -BBQ Chicken (\$1.95) -Pepper Steak (\$2.50) -Catfish Po boy (3.75) -Roasted Potatoes (0.55) -Quinoa Garden Pilaf (\$0.60) -Sauteed Cabbage (\$0.40) -Peas (\$0.45) Fried Okra (0.35)	<u>DINNER</u> -Pork Schnitzel(\$4.15) -Fish Onion- Lemon (5.50) -Chicken Gumbo (1.35) -Steam Rice (\$0.25) -Mashed Potatoes (\$0.35) -Herbed Green Beans (\$1.05) -Carrots (\$0.65) Broccoli (0.60)	<u>DINNER</u> -Maple Salmon (\$5.45) Pineapple BBQ Meatballs (\$1.40) -Cauliflower (\$0.65) -Herbed Green Beans (\$1.05) -Veggie Medley (1.00) -O'Brien Potatoes (\$0.30) -Islander Rice (\$0.35)

July 2026

O'Malley Dining Facility

****Menu is subject to change Due to Vendor availability****

Wednesday 22	Thursday 23	Friday 24	Saturday 25	Sunday 26	Monday 27	Tuesday 28
<u>Lunch</u> Spaghetti w/ Marinara Sauce (1.80) -Lemon Pepper Baked Chicken -Braised Beef Noodles (3.50) -Harvest Blend Rice (1.40) Buttered Noodles (\$0.35) -Scalloped Corn (\$0.25) Herbed Green Beans (\$1.05) -Stir Fry Cabbage (\$0.40) <u>DINNER</u> -Swiss Steak w/Brown Gravy (\$2.15) -Stuffed Green Peppers (2.90) -Chicken Shawarma (3.65) -Brown Rice (\$0.20) -Simmered Pinto Beans(0.60) -Peas (\$0.45) -Grilled Asparagus (\$1.15) -Succotash (0.55)	 Italian Meal - Spaghetti w/ Meat sauce (\$2.80) -Pasta Toscano (\$2.10) -Chicken Parmesan (\$2.70) -Roasted Pepper Potato (0.25) -Jefferson Noodles (\$0.40) -Calico Corn (0.55) -Herbed Green Beans (\$1.05) <u>DINNER</u> -Chili Mac (\$1.25) -Honey Sriracha Chicken (\$2.80) -Polish Sausage (\$2.75) -Baked Potato (\$0.25) -Steamed Rice (\$0.25) -Braised Cabbage (\$0.45) -Corn Combo (\$0.55) Fried Okra (0.35)	<u>LUNCH</u> -Southwestern Sweet Potato Black Beans and Corn (\$1.15) -Pork Mambo \$2.00 -Baked Salmon (\$5.20) -Steamed Rice (\$0.25) -Parsley Butter Potatoes (\$0.25) Garlic Peas (0.95) -Spinach (\$0.25) -Green Beans w/ Mushrooms (\$0.50) <u>DINNER</u> -Pasta Primavera (\$1.70) -Chicken Scampi (\$4.75) Country Fried Steak (3.50) Lyonnaise Rice (0.20) Roasted Pepper Potato (0.25) Corn (0.65) Cauliflower (\$0.65) -Carrots (\$0.65)	<u>BRUNCH</u> -Cajun Chicken (\$1.95) -Beef Stir Fry (\$2.00) -Steamed Rice (\$0.25) -Fried Okra (0.35) - Cabbage (\$0.45) -Green Beans (\$0.50) -Orzo w/ Lemon & Herbs (0.20) <u>DINNER</u> -Borbon Chicken (\$2.70) -BBQ Pork Loin (\$1.50) -Baja Baked Cod (\$5.75) Scalloped Potatoes (\$0.30) -Buttered Noodles (\$0.35) -Broccoli Combo (\$0.60) -Spinach (\$0.25) -Brussel Sprouts (\$0.80) -Asparagus (\$1.15)	<u>BRUNCH</u> -Shrimp Jambalaya (2.75) -Lasagna (\$1.65) -Brown Rice (\$0.20) -Potato & Herbs (\$0.30) -Creole Green Beans (\$1.05) -Summer Squash (\$0.60) -Peas and Carrots (\$0.40) <u>DINNER</u> -Baked Salmon (\$5.20) -Roasted Pork Tenderloin (\$1.50) -Italian Broccoli Pasta (\$1.85) -Steamed Rice (\$0.25) -Baked Potato Halves (\$0.25) -Corn O'Brien (\$0.50) -Roasted Brussel Sprouts (\$0.65) -Braised Cabbage (\$0.45)	<u>LUNCH</u> -Chicken Parmesan (\$2.80) -Citrus Butter Salmon (\$5.20) -Meatloaf (1.85) -Mashed Potatoes (\$0.30) -Broccoli (\$1.00) - Spicy Brown Pilaf (0.45) Carrots (\$0.65) -Herb Green bean (1.05) -Stew Tomatoes (0.20) <u>DINNER</u> -Hot and Spicy Chicken (\$2.35) -Pasta Toscano (\$1.65) -Baked Fish (\$2.50) -Crispy Potato Wedges (\$0.65) -Quinoa Garden Pilaf (\$0.60) -Cream Style Corn (\$0.50) -Herbed Green Beans (\$1.05) -Fried Okra (\$0.40)	<u>LUNCH</u> -Basil Baked Fish (\$3.10) -Polish Sausage (\$2.75) -Spaghetti w Meatballs (1.10) -Parsley Butter Potatoes (\$0.25) -Steamed Rice (\$0.25) Sautee Peppers &Onions (0.20) -Brussel Sprouts (\$0.80) -Mixed Vegetables (\$0.60) <u>DINNER</u> -Lemon Garlic Buttered Fish (\$2.15) -Lime Chicken Tacos (\$2.75) -Braised Beef With Noodles (\$2.50) -Refried Beans (\$0.25) Mexican Rice (\$0.20) - Mexican Corn (\$0.40) -Parmesan Cauliflower (\$0.75) -Ginger Glazed Carrots (\$0.45)

July 2026

Menu is subject to change Due to Vendor availability*

O'Malley Dining Facility

Wednesday 29	Thursday 30	Friday 31
Mongolian BBQ  <u>LUNCH</u> -Shrimp Kabob (\$3.20) -Beef Yakisoba (3.25) -Baked Chicken(\$1.85) -Roasted Garlic Potatoes (\$0.35) -Steam Rice (\$0.25) -Egg Fried Rice (0.60) -Fried Cauliflower (\$0.85) - Sautee Peppers& Onions (0.20) - Carrots on the Griddle (\$0.35) <u>DINNER</u> -Chesapeake Bay Shrimp (\$3.75) -Chicken Kabob (\$3.35) -Pasta Primavera (\$1.70) -Glazed Sweet Potatoes (\$0.45) -Quinoa Garden Pilaf (1.25) -Garlic Sauteed Spinach (\$1.35) -Peas/ Onions (\$0.60) -French Style Green Beans (\$0.60)	<u>LUNCH</u> KOREAN MEAL -Chicken Bulgogi(\$2.50) -Beef Bulgogi(\$1.75) -Cantonese Ribs(\$3.25) -Steam Rice(\$0.25) -Egg Rolls(\$0.90) -Club Spinach(\$0.70) -Baked Sweet Potatoes(\$0.65) -Mixed Vegetables(\$0.60) <u>DINNER</u> -Herbed Chicken (\$2.50) -Lemon Baked Fish (\$5.50) -Beef Stew (\$2.50) -Mashed Potatoes (\$0.30) -Rice Pilaf (\$0.25) -Sesame Green Beans (\$0.80) - Cauliflower (\$0.90) -Japanese Stir fry Veggies (0.90)	<u>LUNCH</u> -Jamaican Chicken (\$2.70) -Basil Baked Fish (\$3.10) -Pasta Primavera (\$1.70) -Parsley Butter Potatoes (\$0.25) -Brown Rice (\$0.25) -Spinach (\$0.25) -Herbed Green Beans (\$1.05) -Carrots (\$0.65) <u>DINNER</u> -Roast Beef (\$2.00) -Pasta Toscano (\$2.10) -Chicken Cacciatore (\$2.35) -Cottage Fried Potato (\$0.25) - Curried Cauliflower (0.90) -Steamed Rice (\$0.25) -Peas and Carrots (\$0.40) -Broccoli (\$1.00)

Specialty Bars

Monday - Sausage Bar

Tuesday- Taco Bar

Wednesday- Wing Bar

Thursday- Potato Bar

Friday- Pasta Bar

****Every Thursday Specialty Lunch Meal***

2 July - Mexican Meal

9 July- Southern Meal

16 July - German Meal

23 July- Italian Meal

30 July - Korean Meal

***Last Wednesday of the month- Mongolian Grill (Lunch)**

*** Wing Bar (Dinner)**



******Menu is subject to change Due to Vendor availability******